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Further to what I posted earlier, a new image of Andrew Garfield has appeared - and he looks very much in shape! He also had this to say: "I want to feel stronger than I've ever felt, and I want to feel more flexible than I've ever felt. I want to feel powerful. You don't want to just be a pack of meat — it has to be an open body. It does something to your psyche, and it does something to the way you move." "I realized immediately how much hard work it was going to be, and how much of a minefield it was going to be in terms of all the s\*\*\* that comes with it. Stuff that I would like to not have any part of. I mean visibility and being recognized walking down the street. I'm holding out a naïve and ignorant hope that won't